



Do you have additional questions? Schedule a personalized consultation to see how our one-of-a-kind 4D Body Sculpt treatment can work for you.

What is a 4D Body Sculpt Treatment from The Body Sculpt Studio?

We call our unique approach to body shaping the 4D Body Sculpt treatment because we layer four proven body contouring treatments into a combined service. The 4D treatment provides all the fat melting, skin tightening, cellulite smoothing, and metabolism boosting benefits into one powerful, time saving session.

- 1.** You will find some cavitation devices in the 40kHz to 80kHz range. While still effective at this range, your treatment results will be slower and could take more treatment time to see your desired results. The latest technology in the machines The Body Shaping Studio uses, is 30kHz which penetrates deeper into the fat layer for stubborn fat deposits.
- 2.** Our treatment also combines with RF skin tightening to rebuild collagen as we release the fat, ensuring that your skin stays firm as the body shaping occurs. RF treatments are often done as a separate add-on option at other offices, doubling your time and money spent.
- 3.** We have found the vacuum attachment effective for stimulating the lymphatic system to begin removing the released fat waste from the treated area. This immediate treatment directly after cavitation ensures the lymphatic system is already in gear even while you are stationary. This step primes you for the last layer of treatment.
- 4.** Your treatment time includes time on a vibration board. The effectiveness of cavitation is dependent on allowing the body to remove the fat released from the cells. With the vibration board we are simulating the circulatory and lymphatic system, thereby moving the released fat from the interstitial tissue layers to the waste removal areas of the liver, kidneys, and bladder. A vibration board will also kick-start your metabolism helping you burn those newly released energy molecules.